



**Brain Injury
Alliance**
I O W A

**25th Annual
Best Practices in Brain Injury Services Conference**
“**Shattering** the Myths,
Unmasking the Opportunities”

**Break Out
Friday, March 3, 2017
1:00-2:00pm**

Laura Van Dusseldorp, PT, DPT, CBIS, ITPT

Laura Van Dusseldorp is a licensed Physical Therapist and Certified Brain Injury Specialist at ChildServe in Johnston, IA. She attended Simpson College where she played Division III softball and graduated with a BS in Biology. Laura then went to earn her Doctorate in Physical Therapy from Des Moines University where she had multiple internships in sports related settings, one of which was the treatment of MLB spring training athletes. She has spent most of her career in the pediatric setting where she specialized in the treatment of neurological impairments, complex seating and mobility needs, as well as management of a physical therapy team. Laura has been a leading member of the ChildServe Concussion Clinic and has worked closely with a team that included occupational therapy, speech therapy, nurse practitioner, and physiatrist to develop a one of a kind, multi-disciplinary approach to the treatment of concussions.



**There’s no “I” in Team:
A Coordinated Approach to Multidisciplinary Concussion Treatment**

Following a concussion, patients and families often get conflicting opinions on how best to recover and are left trying to navigate the opinions of the doctor, coach, school, and child on their own. Research is challenging the “wait and see” approach to concussion management and recommends an active approach to return to learn and return to activities. However, this is most successful when all involved in the process are working together. Experts in pediatric therapy and brain injury will discuss an evidence-based active rehabilitation approach to concussion management including best practices for coordinating return to learn and return to play/activities.

Objective:

- Define concussion
- Understand the symptoms and evolution of symptoms typically seen throughout the recovery process
- Outline the systematic approach to active management of concussions
- Define the roles played by the medical, educational, family/student, athletic, and rehabilitation team members.
- Understand the components of Return-to-Learn and Return-to-Play protocols and the responsibilities of each team members throughout the processes
- Understand the roles all play in prevention of concussion

Target Audience:

Case managers, counselors, professionals

*Not limited to target audience