

# Panel: “What is it Like to ‘Live Well’ with Brain Injury?”

Friday, March 1, 2019 | 1:00-2:00pm



## About the Speaker

Ben Woodworth is the Director of Training for the Iowa Association of Community Providers. In his role, he is responsible for working with agencies to increase their capacity to serve people experiencing brain injury and challenging behavior. Mr. Woodworth also serves as an Adjunct Instructor in the School of Social Work at the University of Iowa teaching coursework in Human Service Administration, Organizational and Community Practice, and Advanced Integrated Practice. He has 20 years of experience in human service agencies serving people who are experiencing disability in a variety of roles with a distinct interest in serving people who are labeled as challenging. Prior to coming to the Association in 2009, Mr. Woodworth was the Statewide Administrator for Iowa’s Brain Injury Service Program within the Iowa Department of Public Health. Mr. Woodworth obtained his bachelor’s degree in Social Work from Buena Vista University in Storm Lake, IA and his master’s degree in Social Work from the University of St. Thomas, Minneapolis, MN. Mr. Woodworth has served on a variety of boards and commissions including the College of Direct Supports National Advisory Board, the board of the National Association of State Head Injury Administrators, and the Mayo Clinics Brain Injury Model Systems advisory committee. His proudest accomplishment is being the father to three wonderful daughters (Hannah, 18, Claire, 15, Meredith, 12) who keep him extremely busy attending and coaching softball games, spotting back walkovers, and catering to Betty, an 11-year-old Jack Russell terrier, who truly runs their home.

## Ben Woodworth, MSW, CBIST

Iowa Association of Community Providers, Director of Training

## Description

Brain Injury impacts individuals and families in unique ways yet with many core commonalities across the experiences. This session will feature a panel of individuals with brain injury and family members who will, with the support of a moderator, share their “roadblocks,” “pet peeves,” and their “silver linings” along the path to new normal.

## Objectives

1. Recognize the types of challenges and landmarks in the first six months of recovery from brain injury.
2. Recognize the types of challenges and landmarks in the “long-haul” recovery from brain injury.
3. Identify the complexity of interpersonal relationships following a shift in cognition, emotion, or personality.
4. Predict the signs and symptoms of family members who are struggling to adapt to changes after brain injury.
5. Differentiate between grief and ambiguous grief.
6. Compare recovery and adaptive trajectories with and without support for families of individuals with brain injury.