



About the Speaker

Kami Holst is a full-time Occupational Therapist for Genesis PT and Wellness in Bettendorf, IA. She is currently attending St. Catherine's University pursuing her post professional doctorate in Occupational Therapy with a specialty interest in community-based rehabilitation. Kami is CBIS certified and works in an outpatient day rehabilitation program for adults with acquired brain injury.

Kami Holst, MOTR/L, PP-OTDS, CBIS

Genesis PT and Wellness, Occupational Therapist

Description

The Clubhouse Model is a form of community-based rehabilitation. A brain injury Clubhouse Model emphasizes the abilities of its members living with acquired brain injury. The Clubhouse Model encourages members to re-integrate into their community as they are assisted by clubhouse staff in a supported environment. Clubhouse members are empowered to return to meaningful occupations, enhanced quality of life, and participate in their community.

Objectives

1. Understanding of the Clubhouse Model.
2. How the Clubhouse Model increases quality of life for person(s) after brain injury.
3. How the Clubhouse Model strengthens the members and community it serves.