

**CONSIDER THE BRAIN INJURY ALLIANCE OF IOWA FOR
GIVING TUESDAY!**

“Alone we can do so little, together we can do so much”

Donate at: www.biaia.org/donate

Today is Giving Tuesday, a global day of giving! As you evaluate the many worthy causes, consider the Brain Injury Alliance of Iowa. Your donation supports our mission, to create a better future through brain injury prevention, advocacy, education, research and support. Your donation impacts our ability to serve Iowans affected by brain injury, including family members/caregivers, professionals and communities. Consider your opportunities to give [HERE](#).

Iowa HHS HOMEtown Conversations Upcoming virtual events

The Iowa Department of Health and Human Services (HHS) is working to ensure people in Iowa have access to high-quality behavioral health, disability and aging services in their communities. This initiative, called Hope and Opportunity in Many Environments (HOME), is aimed at redesigning community-based services (CBS) to help Iowans stay independent in their communities.

As part of this effort, HHS leadership visited communities across Iowa in late October and November. In addition, three virtual HOMEtown Conversations are scheduled for November 28, November 30 (Spanish language event), and December 7 (Medicaid town hall event). These forums provide an opportunity for invested Iowans to directly connect with Iowa HHS leadership to learn more about HOME, ask questions and share their ideas to improve the CBS system.

We want to hear from people who use community-based services, caregivers, service providers, case managers, advocates and community members! These events are open to everyone! Click [HERE](#) for more information.

Upcoming Webinars



Weathering the Perils and Pitfalls of Working as a Rehabilitation Provider – Burnout, Compassion Fatigue, Vicarious Trauma and What We Can Do About It

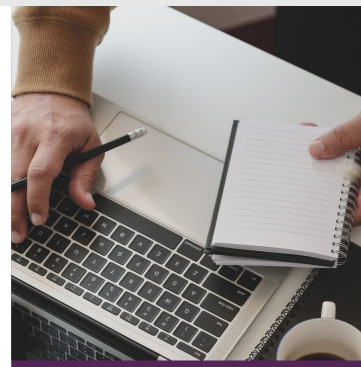
Lindsay Vaux Eldredge, MS, CBIST
Clinical Counselor, On With Life

Register at www.biaia.org -> Events page



info@biaia.org

1-855-444-6443



WEBINAR

WEDNESDAY, NOVEMBER 29TH
FROM 12:00-1:00 PM CST

REGISTER HERE



Join our
Webinar

ESTATE PLANNING AFTER BRAIN INJURY

Frank Varvaris

December 13, 2023 @ 12:00-1:00 PM CST

Register at www.biaia.org -> Events page



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REGISTER HERE

32nd Annual Best Practices in
Brain Injury Services
Conference
**Bridging the Gaps:
Integrating Research,
Practice,
& Adaptation**

March 7-8, 2024 | Coralville, Iowa



REGISTER TODAY

REGISTER HERE

CONFERENCE HUB



VIRTUAL STROKE SUPPORT GROUP

Starting January 15, 2024

3rd Monday of the month, 1:00 PM-2:30 PM via Zoom.

Register at www.biaia.org -> [Support Groups](#) or click [HERE](#)



REGISTER HERE

NeuroResource Facilitation



Nobody plans for a brain injury. One day you wake up every morning to start your daily routine and the next you're trying to navigate the challenges that are being thrown at you after your life altering experience. It's not easy, especially when you grieve the life you once lived. You may find yourself getting recurring headaches. You may experience a type of fatigue you did not know existed. Easily agitated? That may be new for you.

Neuro Resource Facilitators are available to serve lowans; to answer questions and connect those with a brain injury to resources and

BIAIA
Satisfaction
Survey

information. Learn more about this program [HERE](#). BIAIA is one call away.



Our mission at the Brain Injury Alliance of Iowa is to create a better future through brain injury prevention, advocacy, education, research and support. Join us on our platforms to obtain the latest and most relevant information pertaining to brain injury.