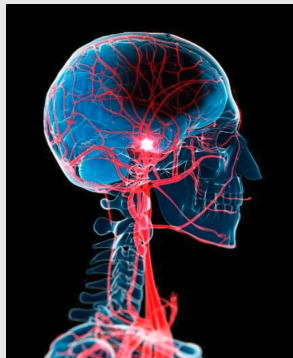

**September 2023 brings Falls Prevention Awareness Week:
Falls are common, Costly and Preventable**

The National Council on Aging leads the promotion of falls prevention materials for older adults, caregivers, professionals and advocates. Check out their materials [HERE](#) and additional materials about falls prevention work happening here in Iowa at the [Brain Injury Alliance of Iowa's Resource Page!](#)

If you or a loved one have experience a brain injury as a result of a fall, connect with our Neuro Resource Facilitation team to see what resources or support we may have available for you at info@biaia.org or call 855-444-6443.

**Researchers Find
Evidence of CTE In
Brains of Young
Amateur Athletes**



The [Atlanta Journal-Constitution](#) (8/30, Boyce) reported, “According to a recent [study](#) published in ‘JAMA Neurology’ and partially supported by the National Institute of Neurological Disorders and Stroke...evidence of chronic traumatic encephalopathy (CTE) has been found within the brains of young, amateur athletes that participated in contact sports such as football, ice hockey, soccer, rugby, and wrestling.” An NIH media advisory said, “brain examination demonstrated that 63 (41%) had chronic traumatic encephalopathy (CTE), a degenerative brain disorder associated with exposure to head trauma.”

Brain Injury Alliance Encourages Bike Safety



Brain Injury Alliance of Iowa was invited to Urbandale's National Night Out. The Alliance handed out bike helmets to children and adults to promote bike safety. It was an evening filled with food, fun, and friends that came together to celebrate community health and safety.

The [National Safety Council](#) states that the number of preventable deaths from bicycle transportation incidents increased by 16% in 2020 and have increased by 44% within the last ten years. While Iowa has seen a decline in bicycle-related injuries and deaths, Brain Injury Alliance is committed to sharing the importance of helmet safety and continuing the decline in bicycle-related injuries and deaths. [The Bicycle Helmet Safety Institute](#) also notes that helmets provide 66% to 88% reduction in the risk of head, brain, and severe injury for all ages.

Brain Injury Alliance of Iowa believes in the importance of increasing access and awareness regarding brain injury and ways to protect your brain, and our evening with the community to live out our mission was one to be remembered.

32nd Annual Best Practices in
Brain Injury Services

Conf Submit Your Proposal HERE

**Bridging the Gaps:
Integrating Research,
Practice**

March

HOW HAS NEURO RESOURCE FACILITATION IMPACTED YOU?

SCAN THE QR CODE TO SHARE YOUR STORY



We welcome

- Evidence
- Lived
- Cause
- Brain
- Subst
- Trans
- Areas

- Adjustments, Accommodations, & Adaptations After Brain Injury
- Social Networks, Health, & Living Well After Brain Injury

Virtual Stroke Support Group
Survey



rsity in Brain Injury
vices

Virtual Stroke Support
Group Survey

The Brain Injury Alliance of Iowa will be launching a monthly virtual Stroke Support Group, and we need your input! Please share your thoughts, preferences, and feedback to guide our planning.

Submit proposal
by November
30th

@biaia.org

Participate in the Survey Here

Click the button below or scan the QR code.



Neuro Resource Facilitation is a fee-free service offered by the Brain Injury Alliance of Iowa to support people with brain injury, their family members, caregivers and community navigate life after brain injury. To reach a Neuro Resource Facilitator please contact **855-444-6443** or email info@biaia.org.

BIAIA Satisfaction Survey



Our mission at the Brain Injury Alliance of Iowa is to create a better future through brain injury prevention, advocacy, education, research and support. Join us on our platforms to obtain the latest and most relevant information pertaining to brain injury.