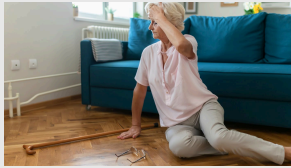

Concussion Awareness



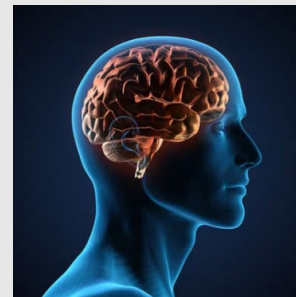
Concussions are more than “just a bump on the head.” They are mild traumatic brain injuries that can have lasting effects on memory, focus, emotions, and daily life.

At the Brain Injury Association of Iowa, we work every day to raise awareness, provide resources, and support Iowans living with concussion and brain injury.

Together, we can change the way people understand and respond to concussions. Contact us: call 855-444-6483, email info@biaia.org, or visit our website: <https://biaia.org>

[From Acute Trauma to Lifelong Journey: How Research Redefined Brain Injury as a Chronic, Dynamic Condition](#)

For decades, traumatic brain injury (TBI) has been viewed as a discrete medical event marked by an initial period of acute care and rehabilitation followed by a presumed plateau. Clinicians have often believed that once a person’s initial recovery stabilized, the effects of the injury would remain largely unchanged for the rest of their life. However, a growing body of research, anchored by the Traumatic Brain Injury Model Systems (TBIMS) program, has challenged and transformed this outdated assumption. [Read more.](#)



[Navigating Reasonable Accommodations: Preparing for Return-to-Work After Brain Injury](#)

This latest resource authored by NASHIA's own Maria Crowley, Director of Professional Development, explores how accommodations ranging from schedule flexibility to cognitive aids can bridge gaps between individual needs and workplace expectations. Did you know that 70% of people with brain injury are of working age, and many face barriers when reintegrating into the workforce? This guide offers actionable insights to help employers, providers, and program designers support successful transitions back to work. [View resource](#)



Registration is now open for this year's **2025 Preventing Childhood Injury Conference!** This year's conference is back in **Des Moines** and will be on **Monday, November 17th, 2025.**

Register today by following this link:

<https://events.unitypoint.org/4P1dQRr7/4a2jKhG9dB>



Run, Walk, Roll
for Brain Injury Awareness

We're almost there! The last week of the Virtual Run, Walk, Roll is here, and your movement matters more than ever. Let's make this final push a powerful one for brain injury awareness.

Miles for Minds Event Sponsor



Thank you, [BK Flooring](http://www.bk-flooring.com), for becoming a sponsor of our 2025 Miles for Minds. This fundraiser works to raise brain injury awareness and funds for our programs and services!

It is not too late to join us!

- Build a quick team for these last days of September
- Share on social media how you are impacted by brain injury
- Join or support an existing team or donate on our giving page

Give or register today at:

<https://app.betterunite.com/braininjuryallianceofiowa...>

Call for Presenters!

BRAIN INJURY ASSOCIATION OF IOWA

34th Annual Best Practices in Brain Injury Services Conference

“The Playbook for Change: From Challenge to Triumph”

March 12 - 13, 2026
 West Des Moines, Iowa

Scan QR code to submit proposals or use this link:
<https://forms.office.com/r/vGX5SCrqXX>

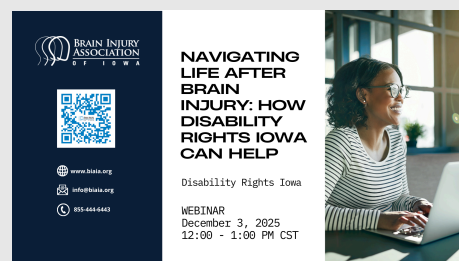
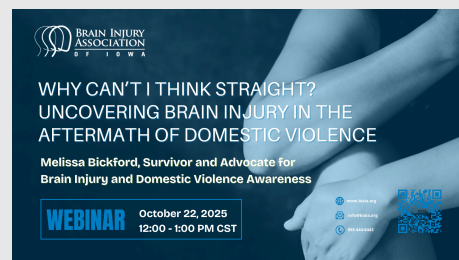
We’re looking for presenters who can lead engaging sessions for the [34th Annual Best Practices in Brain Injury Services Conference](https://forms.office.com/r/vGX5SCrqXX). This is your chance to share your knowledge, tools, and stories!

Scan the QR code or use the link below to submit your session proposals:

<https://forms.office.com/r/vGX5SCrqXX>

Webinars

FREE CEU opportunities available for these webinars!
Visit our [webinar page](#) to learn more and register.



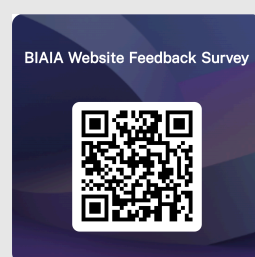
Support Groups



Our support groups are where individuals can connect, share experiences, and find encouragement. Together, we provide understanding, resources, and community to help one another navigate challenges and celebrate successes. Visit our [Support Group page](#) for more information.



We want to hear from you! Your responses will help us design effective training and support tools for disability, aging and behavioral health providers working with individuals impacted by brain injury. [Start survey.](#)



We are working on improving our website to better serve survivors, caregivers, and professionals. Your feedback will help us make sure the resources you need are easy to find, accessible, and meaningful. Please take a few minutes to complete our [website feedback](#) survey and let us know what's working - and what could be better.



Educational Topics Survey

What topics related to brain injury would you like to see in upcoming webinars hosted by the Brain Injury Alliance of Iowa? Your feedback is valued and appreciated! [Participate in the survey.](#)



Call for Webinar Proposals

The Brain Injury Alliance of Iowa is looking for presenters to deliver webinars on topics related to brain injury treatment, rehabilitation, recovery, and support. Presentations can target professionals or survivors and their loved ones. [Submit proposal](#)

Brain Injury Resource Facilitation



Brain Injury Resource Facilitators are available to serve Iowans; to answer questions and connect those with a brain injury to resources and information. [Learn more about this program.](#) BIAIA is one call away.

[BIAIA Satisfaction Survey](#)



Our mission at the Brain Injury Association of Iowa is to create a better future through brain injury prevention, advocacy, education, research and support. Join us on our platforms to obtain the latest and most relevant information pertaining to brain injury.