

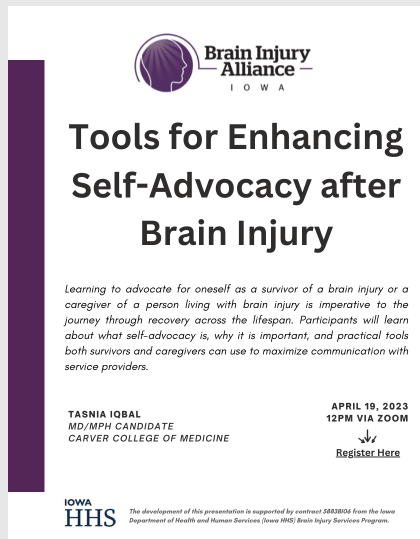
BIAIA Events and Support


Trainings, support groups, and other opportunities are highlighted on our [Facebook](#), [LinkedIn](#), and in the [BIAIA Events](#) tab on our website.

We encourage individuals to ask for accommodations as needed!
Email info@biaia.org or call 855-444-6443 for those requests.

Join us for a WEBINAR on **APRIL 19, 2023 (12pm CST)**.

[REGISTER HERE!](#)



**Brain Injury
Alliance**
I O W A

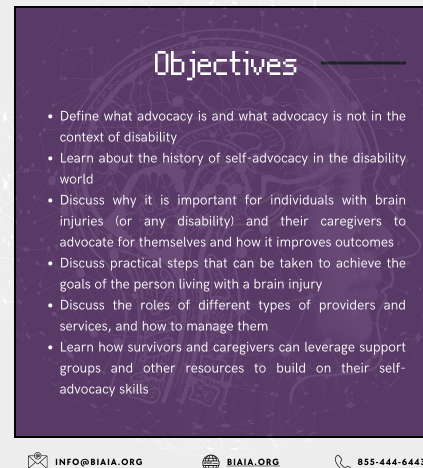
Tools for Enhancing Self-Advocacy after Brain Injury

Learning to advocate for oneself as a survivor of a brain injury or a caregiver of a person living with brain injury is imperative to the journey through recovery across the lifespan. Participants will learn about what self-advocacy is, why it is important, and practical tools both survivors and caregivers can use to maximize communication with service providers.

TASNIA IQBAL
MD/MPH CANDIDATE
CARVER COLLEGE OF MEDICINE

APRIL 19, 2023
12PM VIA ZOOM
[Register Here](#)

IOWA
HHS
The development of this presentation is supported by contract 5883806 from the Iowa Department of Health and Human Services (Iowa HHS) Brain Injury Services Program.



Objectives

- Define what advocacy is and what advocacy is not in the context of disability
- Learn about the history of self-advocacy in the disability world
- Discuss why it is important for individuals with brain injuries (or any disability) and their caregivers to advocate for themselves and how it improves outcomes
- Discuss practical steps that can be taken to achieve the goals of the person living with a brain injury
- Discuss the roles of different types of providers and services, and how to manage them
- Learn how survivors and caregivers can leverage support groups and other resources to build on their self-advocacy skills

INFO@BIAIA.ORG BIAIA.ORG 855-444-6443



April is National Volunteer Month

We want to thank our support group facilitators that show up in role. Here is a [listing of our support groups](#).

- [Virtual Statewide Support Group](#)
- Iowa City Area Support Group
- Iowa City Area Recreation Group
- [Cedar Rapids "Navigating Together" Support Group](#)
- Quad Cities Area Support Group
- [Central Iowa Area Support Group](#)
- Muscatine Support Group
- [Northeast Iowa Area Survivor and Family Group](#)
- Council Bluffs Support Group

- South Central Iowa Area Support Group
- [Iowa Brain Injury Family Caregivers Support Group](#)

Neuro Resource Facilitation Success Story



Background:

Charles had a brain tumor removed on October 10, 2022. As a result, he had vision deficits leaving him unable to drive and work. Charles lives in Cedar Falls and was referred to BIAIA by Dr. Fitzgerald, who was hoping to schedule 12 sessions with him to address his vision deficits. His inability to drive/arrange transportation to Cedar Rapids for his sessions led to the referral.

NRF Support:

Charles reached out to BIAIA roughly three months after having his tumor removed. Charles' main goal was to return to work; his most significant barrier to reaching that goal was addressing his vision deficits. He was enrolled in Iowa Health & Wellness. NRF & Charles called IME to complete a brief survey to assess his eligibility for Medically Exempt coverage to access Non-Emergency Medical Transportation (NEMT) services. Eight days later, Charles received notice that he had been enrolled in the Medicaid State Plan. Once enrolled, NRF prepared Charles by ensuring he knew what information he would need before scheduling his rides. NRF supported Charles with scheduling his first few NEMT rides. NRF checked in with Charles earlier this month and learned he had completed his sessions with Dr. Fitzgerald, was back driving, and was back to work!

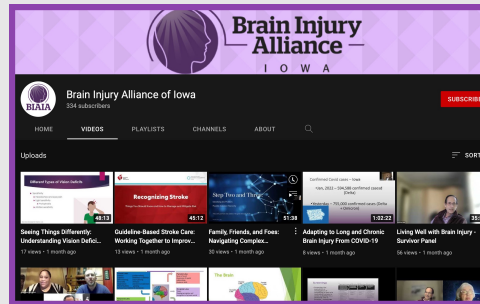
Charles noted that he wouldn't be where he is today without the support of BIAIA.

***The U.S. is failing
to care for
traumatic brain
injury survivors,
experts say***



From the way it is classified to long-term care options, experts say

major changes are needed to address the global issue. According to Michigan Medicine - University of Michigan, Feb 1, 2022, the United States care system is often failing to meet the needs of individuals, families and communities affected by traumatic brain injury, according to a report from the National Academies of Sciences, Engineering, and Medicine. The authors make many recommendations for advancing progress in TBI care, including changes to classification methods, improving research funding and establishing continuity of care. [READ FULL ARTICLE HERE](#)



Access over **100 educational webinars** on our [Youtube](#) page! Additionally, we offer a Brain Injury Fundamentals course, and other opportunities to stay brain injury informed.



[BIAIA Satisfaction Survey](#)



Neuro Resource Facilitation is a fee-free service offered by the Brain Injury Alliance of Iowa to support people with brain injury, their family members, caregivers and community navigate life after brain injury. To reach a Neuro Resource Facilitator please contact **855-444-6443** or email info@biaia.org.

Our mission at the Brain Injury Alliance of Iowa is to create a better future through brain injury prevention, advocacy, education, research and support. Join us on our platforms to obtain the latest and most relevant information pertaining to brain injury.





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