

32nd Annual Best Practices in
Brain Injury Services
Conference

**Bridging the Gaps:
Integrating Research,
Practice,
& Adaptation**

March 7-8, 2024 | Coralville, Iowa



We welcome your compelling session proposal in the following key topic areas:

- Evidence-Based Practices for Brain Injury Services & Supports
- Lived Experience Through the Lens of Brain Injury
- Causes of Acquired Brain Injury & Their Unique Impact
- Brain Injury & Co-Occurring: Mental Health, Neurological, Substance Use/Abuse, or Domestic Violence
- Transitions After Brain Injury
- Areas of Health, Healing, Joy, & Connection
- Adjustments, Accommodations, & Adaptations After Brain Injury
- Social Networks, Health, & Living Well After Brain Injury
- Equity, Inclusion, & Diversity in Brain Injury
- Caregiver Supports & Services
- Employment
- Pediatric Brain Injury

Submit proposal
by November
30th

For questions:
855-444-6443 | conferences@biaia.org

[Click HERE to Submit Your Proposal Today](#)



Brain Injury Fundamentals

This 4-week course is being offered to a limited number of Iowa professionals serving Iowans with brain injury and their families. (Thursdays 9/7, 9/14, 9/21, and 9/28 from 1:00 – 3:00 PM.)

Registration fee of \$20 will include access to Brain Injury Fundamentals workbook, live prep course, prep course recordings and registration for open book exam. We ask that registrants participate in a pre-survey and report certification completion to BIAIA.

Register at www.biaia.org and click Events.



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Register [HERE](#)

Iowa HHS Service Delivery Alignment Assessment

Beginning July 1, 2023, Iowa Departments of Aging, Human Rights, Early Childhood Iowa, Iowa Child Advocacy Board and Volunteer Iowa joined the Iowa Department of Health and Human Services (Iowa HHS) as the new organizational structure for state government went into effect. As part of this transition, Iowa HHS is working to ensure that services are delivered efficiently and effectively for individuals, families, and communities across the state of Iowa. To do so, Iowa HHS has partnered with a consulting organization, Health Management Associates (HMA), to conduct a statewide assessment to identify successes and gaps in service delivery as well as opportunities for further service integration.

The survey results will help [HHS] identify underlying goals and values that should be considered in identifying options and measuring success.

Participate in the survey by clicking [HERE](#).

[HHS] will continue to ask for input as we work to improve the Iowa HHS system for individuals, families, and communities. For more information on this project, please visit <https://hhs.iowa.gov/service-delivery-alignment-assessment-project>.

Iowa HHS is proud to announce Hope and Opportunity in Many Environments (HOME).

Building off the [final evaluation report](#) and [transformation plan](#) developed by Iowa HHS, Mathematica, and the Harkin Institute, the initiative, now called HOME, seeks to ensure that all Iowans have access to high-quality behavioral health, disability, and aging services in their communities. Iowa HHS wants to improve services so that people can stay in their communities and with their loved ones. This

includes making it easier for people to find out about services so they can get the help they need. HOME will be implemented in phases through the end of 2024 and HHS encourages community members, caregivers and providers to share their feedback during a variety of virtual and in-person feedback opportunities.

To learn more about HOME and the upcoming feedback opportunities, visit <https://hhs.iowa.gov/ime/HOME>.

How Has Neuro Resource Facilitation Impacted You?



We are told to plan for the unexpected – life insurance, health insurance, accident insurance. Yet none of those prepare a person to navigate their life after a brain injury. Although there can be physical symptoms post-injury, many are unseen to the outside world making adjustment even more difficult no matter the age. This became L's reality with a slip on the ice which knocked L unconscious and derailed their life.

It was four years of trying to “find their old self” before L was referred to the [Brain Injury Alliance of Iowa](#). A therapist had given the information, hoping that the additional support could help L in their journey. After being paired with a Neuro Resource Facilitator (NRF), they jumped the first hurdle of acceptance right away. L did not lose themselves and their spunky personality, grinding work ethic, and independent mindset were just a little differently than they used to be. L shared, It can be discouraging to look at where you once were and compare it to where you may be now. However, that doesn't have to be the end of the road. It can be a new beginning and motivation can go a long way – don't we all need a little nudge sometimes? Once L is amped up about a goal, they are determined to succeed! With NRF support, L's drive, and some positive support, several goals have been accomplished in the past few weeks, including securing housing! There have been emotional hurdles, mental fatigue, and difficulty initiating but now knows they do not have to go it alone.

"Having someone who understands and can SEE me, that right there is the greatest barrier to break."



Neuro Resource Facilitation is a fee-free service offered by the Brain Injury Alliance of Iowa to support people with brain injury, their family members, caregivers and community navigate life after brain injury. To reach a Neuro Resource Facilitator please contact **855-444-6443** or email **info@biaia.org**.

BIAIA Satisfaction Survey



Our mission at the Brain Injury Alliance of Iowa is to create a better future through brain injury prevention, advocacy, education, research and support. Join us on our platforms to obtain the latest and most relevant information pertaining to brain injury.