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## BIAIA Events and Support

Trainings, support groups, and other opportunities are highlighted on our [Facebook](#), [LinkedIn](#), and in the [BIAIA Events](#) tab on our website.

**We encourage individuals to ask for accommodations as needed!**  
Email [info@biaia.org](mailto:info@biaia.org) or call 855-444-6443 for those requests.

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## Brain Injury Awareness Month

**March is Brain Injury  
Awareness Month**



March is Brain Injury Awareness Month nationally, and in Iowa. We are proud to support Iowans impacted by brain injury through the work we do here at the Brain Injury Alliance of Iowa. Earlier this month, a proclamation was signed declaring March as brain injury awareness month in Iowa.

[#BrainInjuryAwarenessMonth](#)  
[#braininjury#braininjuryatoz](#)  
[#braininjurysupport](#) [#BIAIA](#)

For reasons related to brain injury directly, or for reasons related to a person's sudden change in employment status, income level, or social isolation, brain injury can lead to depression, anxiety and anger. Often, people in demographics and populations most affected by brain injury also have dramatic mental health disparities compared to the general population. Service members and veterans, incarcerated individuals, people experiencing homelessness, people in lower income areas without health insurance, and survivors of domestic violence all have higher rates of mental health issues than people outside of those groups.

When mental health issues appear in someone with a brain injury, the symptoms can go unnoticed or conflated, leading to improper treatment or skepticism from providers. This can lead to distrust of the medical system and the person at the center of it can find themselves caught in a vicious cycle. It is important that a person's mental health receives the same care and attention as their physical health. A mental health therapist or psychiatrist might be consulted to help a person find a path to better mental health, easing their road to recovery. If you or a loved one is needing assistance is looking for mental health services contact the BIAIA at 855-444-6443.



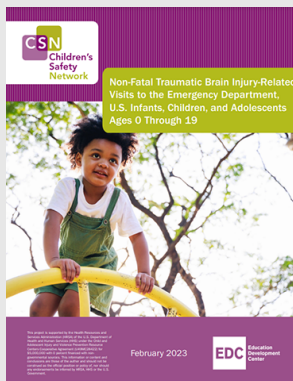
## Support Group Listing



## ICADV Statewide Needs Assessment

[Iowa Coalition Against Domestic Violence \(ICADV\)](#) is conducting a statewide needs assessment required by the Family Violence Prevention & Service Act Program to be conducted by domestic violence coalitions.

[Access Survey Here](#)



## Children's Safety Network Fact Sheet

Did you know that 1 in 3 of all injury-related deaths in children and teenagers ages 0 - 19 are related to traumatic brain injuries (TBI)? Recently, the [Children's Safety Network \(CSN\)](#) explored the number of emergency room/department visits related to TBI for this age demographic.

[Learn More](#)

## Centers for Disease Control - *Traumatic*

Curious about what programs there are at a national level for traumatic brain injury (TBI)?

# Brain Injury Programs at a Glance

Check out this PDF from the CDC that shows how they work to prevent TBIs and support people who've been impacted by TBI.

## CDC Uses Data and Research to Save Lives Preventing Traumatic Brain Injury

A traumatic brain injury (TBI) affects how the brain works. TBI is a major cause of death and disability in the United States:

- More than **64,000** TBI-related deaths per year—or 176 deaths each day
- More than **223,000** TBI-related hospitalizations annually
- Each year, children suffer more than **6,000** TBI-related hospitalizations and more than **2,400** children die from TBIs

Common causes of TBI-related deaths and hospitalizations include **falls, firearm-related injuries, motor vehicle crashes, and assaults**.

The full public health burden of TBI is unknown. Current data systems don't include people that seek care for TBIs outside of emergency departments or people who don't seek any medical care at all.

**Our Mission**  
Reduce the burden of TBI through prevention and improve health outcomes for TBI survivors by bridging the strengths and capacities of the public health and healthcare delivery systems.

Groups at greater risk of dying or experiencing long-term health problems from a TBI include:

- Racial and ethnic minorities
- Service members and veterans
- People living in rural areas
- Survivors of intimate partner violence
- People who experience homelessness
- People in correctional and detention facilities

**CDC Supports Communities By**

- Tracking TBI trends and conducting research aimed at preventing TBI
- Educating healthcare providers, coaches, parents, and athletes through **HEADS UP** about preventing, recognizing, and responding to TBIs
- Piloting a **National Concussion Surveillance System** to provide the first comprehensive estimates of TBI in the U.S.
- Developing resources for **healthcare providers to improve TBI care**, including the first evidence-based **clinical guideline** on pediatric mild TBI

**CDC Advances Health Equity By**

- Collaborating with partners to develop programs for service members and veterans living with TBI
- Promoting CDC's **Roadway to Safer Tribal Communities Toolkit** to help prevent motor vehicle crashes, which account for the highest number of TBI-related deaths among American Indian and Alaska Native people
- Creating **telehealth initiatives** to train rural primary care providers and school professionals to improve TBI care for children

[www.cdc.gov/traumaticbraininjury](http://www.cdc.gov/traumaticbraininjury)



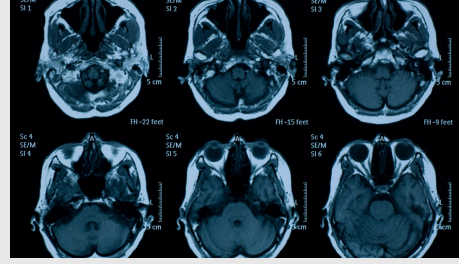
Download PDF

## Behavioral Health and Brain Injury Webinar Series for Behavioral Health Service Providers and Partners

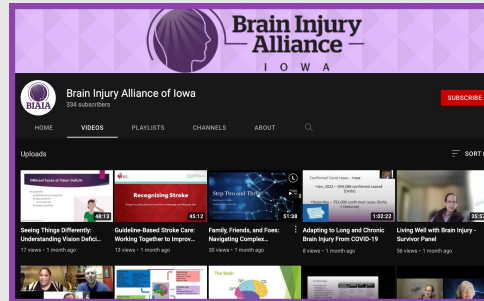
The Behavioral Health (BH) & Brain Injury (BI) Webinar Series occurs on the 2nd Wednesday of each month from 11:00 am to 12:00 pm via

Zoom. Sessions will be recorded and available for playback by request.

Download flyer [here](#).



Register



Access over **100 educational webinars** on our [Youtube](#) page! Additionally, we offer a Brain Injury Fundamentals course, and other opportunities to stay brain injury informed.



BIAIA Satisfaction Survey



Neuro Resource Facilitation is a fee-free service offered by the Brain Injury Alliance of Iowa to support people with brain injury, their family members, caregivers and community navigate life after brain injury. To reach a Neuro Resource Facilitator please contact **855-444-6443** or email [info@biaia.org](mailto:info@biaia.org).

Our mission at the Brain Injury Alliance of Iowa is to create a better future through brain injury prevention, advocacy, education, research and support. Join us on our platforms to obtain the latest



**and most relevant information pertaining to brain injury.**



The development of this content was supported by contract 5883BI06 from the Iowa Health and Human Services (Iowa HHS) Brain Injury Services Program. The development of this content was supported by Grant #90TBSG0057 from the Department of Health and Human Services Administration for Community Living, AOD Traumatic Brain Injury State Demonstration Grant Program and DHS Child Welfare Grant ACFS-23-079 from the Iowa Health and Human Services. The contents are the sole responsibility of the authors and do not necessarily represent the official views of DHHS.