



**Resource Highlight: [JAN Job Accommodation Network](#)**

**Need support? Questions about employment & brain injury?**

**Contact us to get connected with Neuro Resource Facilitation!**

[Success Story](#)

## BIAIA Events and Support

Trainings, support groups, and other opportunities are highlighted on our [Facebook](#), [Linkedin](#), and in the [BIAIA Events](#) tab on our website.

**We encourage individuals to ask for accommodations as needed!  
Email [info@biaia.org](mailto:info@biaia.org) or call 855-444-6443 for those requests.**

**The webinar this month  
October 18th!:**

***Parenting with a Brain Injury***

June Klein-Bacon Interviews Individuals with Brain Injury with Parenting About Their Experiences with Parenting.



Brain Injury  
Alliance  
I O W A

**Parenting with a Brain Injury**  
June Klein-Bacon Interviews Individuals with Brain Injury About Their Experiences with Parenting

**OCT** October 18, 2022  
12:00PM-1:00PM

[www.biaia.org](http://www.biaia.org) | 855-444-6443 | [info@biaia.org](mailto:info@biaia.org)



# CENTRAL IOWA AREA SUPPORT GROUP

FOOD | FUN | FRIENDS

710 NE 36TH STREET  
ANKENY UNITED METHODIST CHURCH

10.22.2022  
12PM-2:30PM

**LIMITED SEATING!**  
**PLEASE RSVP BY 10.18.2022.**

CHOOSE FROM A HAM/CHEESE SANDWICH, TURKEY, OR  
VEGETARIAN. IF YOU HAVE OTHER DIETARY  
CONSIDERATION PLEASE LET US KNOW.

855-444-6443 | INFO@BIAIA.ORG

FEEL FREE TO BRING  
ALONG YOUR FAVORITE  
GAME!

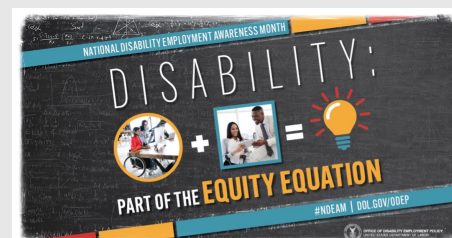


## Advocacy: Voting Tips for People Living with Traumatic Brain Injury

- You have the right to vote.
- You have the right to ask for help with voting.
- You have the right to bring a friend or family member with you
- You have the right to have accommodations to help you vote.
- You have the right to ask for help on how to use the voting machine.
- You have the right to ask for a voting machine you can reach.
- You have the right to ask for a seat while you are waiting to vote.
- You have the right to take your time while voting.
- You have the right to use curbside voting.
- You have the right to be treated with respect.
- You have the right to speak up for yourself.

[Learn More](#)

## Assistive Technology: The Assistive Technology



# & Employment Toolkit

## A Resource for Supporting Individuals with Disabilities to Utilize Technology to Pursue & Sustain Competitive Integrated Employment (CIE)

*"The purpose of this AT Toolkit is to provide the employment disability network and others who serve people with disabilities a range of tools to improve awareness about AT and to find out about resources to help select and acquire AT and connect individuals with AT device and service resources. The Toolkit consists of three sections: Understanding Your Organization's AT Needs, Capacity, and Resources; Understanding AT; and Developing an Effective Collaboration Plan."*

[Learn More](#)

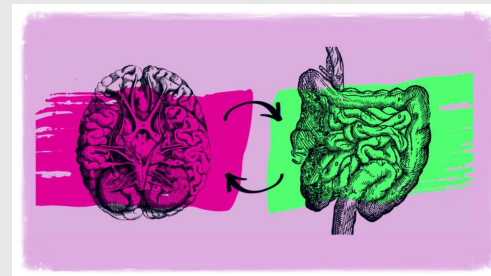


## Caregivers: Family Caregiver Resources for Iowa

"Caregiving may be one of the **most important, and challenging, roles** you'll ever take on. No matter where you are in your caregiving journey — starting to plan; taking care of a family member in your home, in a facility, or from a distance; or managing end-of-life caregiving responsibilities — having resources at your fingertips will make the process easier."

[Learn More](#)

## Covid 19: Gut Microbiome May Hold the Key to Long-Covid



"The microbiome of long-haul COVID-19 patients differed from that of infected patients without long COVID and those without COVID-19 infection."

[Learn More](#)



## Domestic Violence Awareness Month

With **1 in 3 women** globally reporting physical or sexual IPV, and up to **92% of blows being to the head**, face, or neck,<sup>1</sup> it is imperative that practitioners, decision/policy makers, and affected women be aware of this co-occurrence of IPV and BI and have access to necessary supports.

[Colantonio, Angela PhD, OT Reg. \(Ont.\); Valera, Eve M. PhD, 2022.](#)

### What should I do if I was recently hurt in the head?

- Stay with someone safe for at least 3 days to watch for signs you need medical care.
- See a doctor if you can, especially if you or someone else is worried about something.

[Learn more](#)

[Brain Injury & Intimate Partner Violence Resources](#)

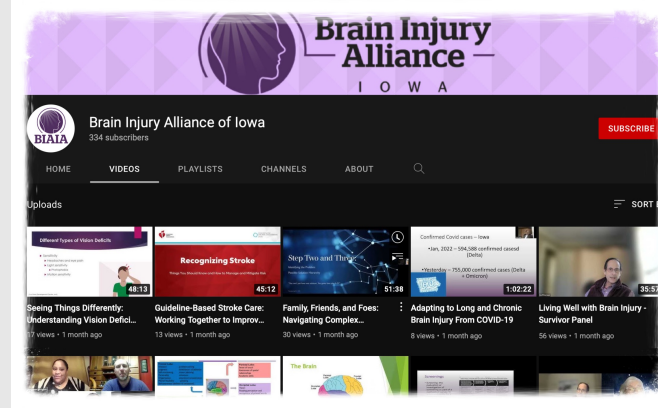
### Stroke Highlight: Learn F.A.S.T for World Stroke Day October 19th



"Strokes can happen to anyone, at any age. In fact, globally about **one in four adults over the age of 25 will have a stroke in their lifetime**. Yet, most adults in the U.S. don't know the F.A.S.T. warning signs of a stroke, and that stroke is largely preventable, treatable and beatable."

[Learn More](#)

## Brain Injury Education



Access over **100 educational webinars** on our [Youtube](#) page!  
Additionally, we offer a Brain Injury Fundamentals course, and other opportunities to stay brain injury informed.

[Webinars](#)

## How Are We Doing?

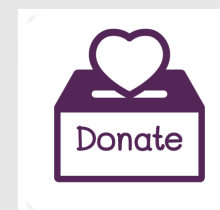


[BIAIA Satisfaction Survey](#)



Neuro Resource Facilitation is a fee-free service offered by the Brain Injury Alliance of Iowa to support people with brain injury, their family members, caregivers and community navigate life after brain injury. To reach a Neuro Resource Facilitator please contact **855-444-6443** or email [info@biaia.org](mailto:info@biaia.org).

**Our mission at the Brain Injury Alliance of Iowa is to create a better future through brain injury prevention, advocacy, education, research and support. Join us on our platforms to obtain the latest and most relevant information pertaining to brain injury.**





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