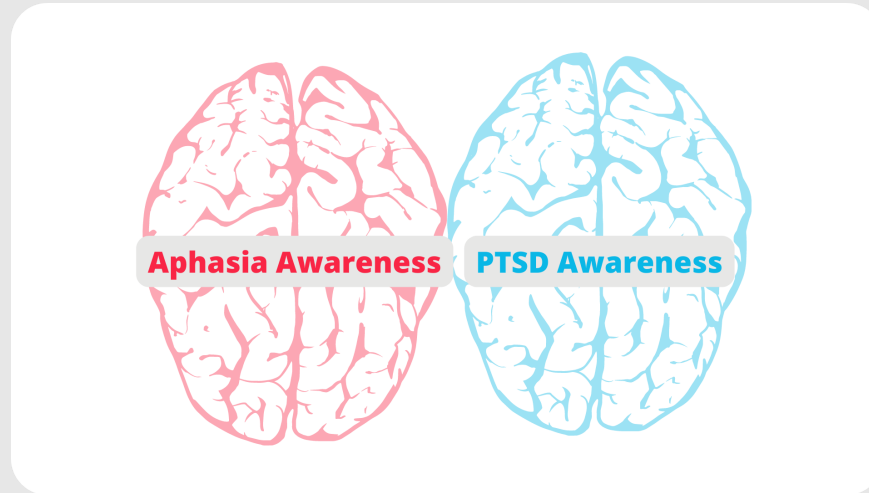




IBIRN and ISRN News 2022

A newsletter for the Iowa Brain Injury Resource Network and the Iowa Stroke Resource Network - professionals serving individuals impacted by brain injury

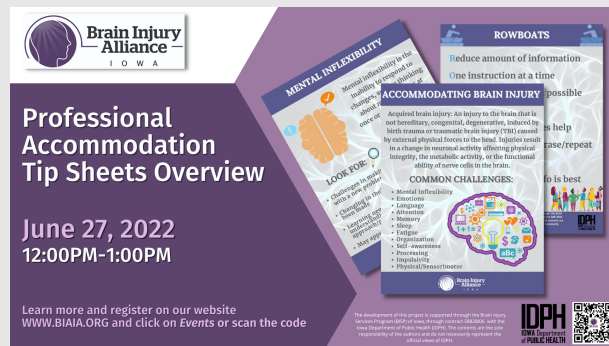
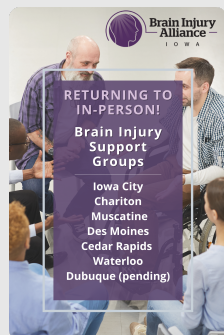


Learn More

Learn More

BIAIA Virtual Events and Support

Support groups and other opportunities are highlighted on our [Facebook](#), [LinkedIn](#), and in the [BIAIA Events](#) tab on our website.



Do State Supports for Persons With Brain Injury Affect Outcomes In the 5

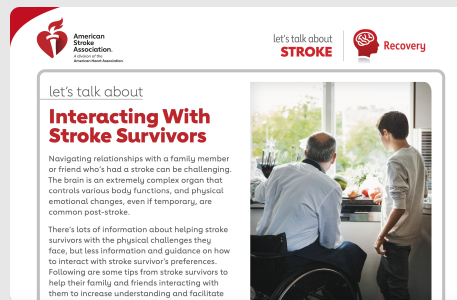


NASHIA

Years Following Acute Rehabilitation?

- State-level resources and supports have a small but significant impact on outcomes following serious TBI.
- Better Long-Term Services and Supports increase community participation and life satisfaction.
- Greater brain injury specific funding resulted in better community participation, which increased with time post-injury.
- Federal TBI funding to states resulted in better outcomes for those with more severe cognitive impairment.

[Learn More](#)

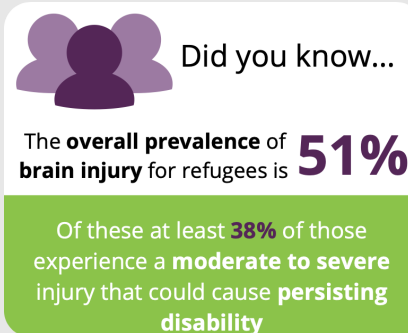


Stroke: Interacting With Stroke Survivors

- How can I better communicate with a stroke survivor?
- How can I encourage a stroke survivor?
- How can I better assist a stroke survivor in daily tasks?
- What else should we know about stroke recovery?

[Learn More](#)

World Refugee Day June 20th



"June 20th is the internationally recognized date where the world celebrates refugees, their journeys, and the innumerable ways they make the communities they resettle into a better place."

Refugee Alliance of Central Iowa. (2022)

[Learn More](#)

Refugee Population & Brain Injury



Sex and Gender Issues for Individuals With Acquired Brain Injury During COVID-19: A Commentary

"The effect of COVID-19 has been disproportionately devastating for individuals with disabilities, particularly those with acquired brain injury (ABI) owing to injury-related cognitive or sensory and physical difficulties. Many physical and psychological symptoms of COVID-19 are already well-known issues for individuals with ABI. Even in a fully functional social and health care system, post-ABI deficits can pose greater challenges to women and other marginalized groups, such as lesbian, gay, bisexual, transgender, gender-nonconforming, and queer or questioning-identified individuals."

Kolakowsky-Hayner, S. A., & Goldin, Y. (2020)

[Read the Full Article](#)

Brain Fog After COVID-19 Has Similarities to 'Chemo Brain,' Stanford-Led Study Finds



"Researchers found that damage to the brain's white matter after COVID-19 resembles that seen after cancer chemotherapy, raising hope for treatments to help both conditions."

[Learn More](#)

HHS Extends American Rescue Plan



Spending Deadline for States to Expand and Enhance HCBS Services for People with Medicaid

"States will have an additional year to use American Rescue Plan funds to strengthen the home care workforce and expand access to services."

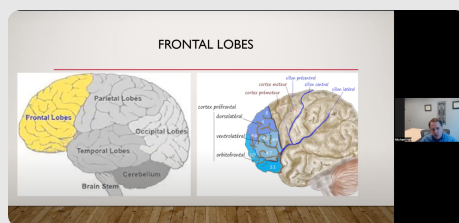
[Learn More](#)

CDC Provides New Handout on Its TBI Prevention Initiatives



"The Centers for Disease Control and Prevention's Injury Center (CDC) has just cleared a new resource that provides a 1-page overview of CDC's TBI prevention initiatives. This resource will clarify CDC's role within the TBI field while providing a broad overview of its research and programming."

[Learn More](#)



Webinar Highlight: "They Did What?! How Brain Injury Can Impact Thinking and Decision Making"

Dr. Michael Hall, Neuropsychologist/Licensed Psychologist and Associate Professor at the Department of Physical Medicine and Rehabilitation Virginia Commonwealth University

- Increased understanding of executive functions and frontal lobe functioning
- Better understanding of the impact of brain injury on decision making and other executive functions, such as problem solving,

- planning, and initiation of activities
- Increased understanding of the role frontal lobe injuries can have on mood and personality
- Discussion of various treatment options

[View the Recording](#)

Stay Brain Injury Informed

Access over **100 educational webinars** on our [Youtube page!](#) Additionally, we offer Brain Injury Fundamentals course. Contact us to learn more.

[Learn More](#)

How Are We Doing?



[BIAIA Satisfaction Survey](#)

Tips for Professionals

LANGUAGE



Language problems can exist in receptive skills (ability to understand what is said or written) as well as in expressive skills (ability to express an idea.)

LOOK FOR:

- Failing to complete written/verbal tasks
- Trouble participating in conversation or reluctance to speak (*especially in group settings*)
- May appear easily frustrated, inattentive, or vague
- Difficulty recalling words when speaking or writing
- Difficulty following directions or recalling what was said (*requesting repetition of information.*)
- Slowed/delayed speech or hypervocal (*speaking rapidly, non-stop talking*)



ACCOMMODATIONS FOR PROFESSIONALS

- Encourage verbal summary or paraphrase important information back to you
- Suggest recording key points on paper or by voice recording
- Give directions, or ask questions slowly, repeat if necessary, and allow additional time for response
- Add as much visual content as possible to communicate. (*e.g., instead of giving a hand-out with large blocks of text, use pictures, graphs or maps to convey as much of the relevant information as possible*)
- Abstract concepts and sarcasm can be difficult to understand, so aim to be concrete. *For example, try to stay away from figurative speech (e.g., "music to my ears")*
- With seemingly negative social behavior (*e.g., inappropriate tone of voice, lack of eye contact, standing too close.*) Be patient, point out those problems, model prosocial cues, and have the individual practice
- Provide clear expectations and concise feedback
- Using alternative formats can help individuals express their thoughts and ideas more easily (*e.g., encourage use of art or music*)



The development of this project was supported through the Brain Injury Services Program (BISP) of Iowa, through contract 5881B06 with the Iowa Department of Public Health (IDPH). The contents are the sole responsibility of the authors and do not necessarily represent the official views of IDPH.



Accommodation Tip Sheets for Professionals

Neuro Resource Facilitation



Neuro Resource Facilitation is a fee-free service offered by the Brain Injury Alliance of Iowa to support people with brain injury, their family members, caregivers and community navigate life after brain injury.

- To reach a Neuro Resource Facilitator please contact 855-444-6443 or email info@biaia.org.
- The Brain Injury Alliance of Iowa desires to share your success stories in various publications such as newsletters, website or social media accounts. Click [HERE](#) to share your story!
- Consider a donation to the Brain Injury Alliance of Iowa, as we continue to support Iowans to "live well" after brain injury. Click [HERE](#) to make a donation today.
- Iowans affected by brain injury, family and caregivers are invited to our support group communities. Click [HERE](#) to learn more, register to join and share.

IBIRN & ISRN

Iowa Brain Injury Resource Network Tote Bag program is a resource for IBIRN members and

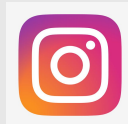


Neuro Resource facilitation clients to access [brain injury tote bags](#), containing information about brain injury, access to services and supports for individuals experiencing brain injury and their family members. Apply to become an IBIRN member, update membership information or request additional materials [HERE](#).

Iowa Stroke Resource Network (ISRN) a program of the Brain Injury Alliance of Iowa supports professionals serving Iowans impacted by stroke. With this network launch, we would love to hear from you! For additional information about ISRN, [CLICK HERE](#). Similar to our Brain Injury Tote Bag, materials designed to provide Iowans experiencing stroke informed of the latest resources and supports available. Stroke Resource Network members will receive materials to have on-hand to share with clients impacted by stroke.

Thank you to our corporate members! Click [HERE](#) to learn more about our corporate members and corporate membership benefits.

Our mission at the Brain Injury Alliance of Iowa is to create a better future through brain injury prevention, advocacy, education, research and support. Join us on our platforms to obtain the latest and most relevant information pertaining to brain injury.



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