

July 2022

# BrainStorming



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## BIAIA Events and Support

Support groups and other opportunities are highlighted on our [Facebook](#), [LinkedIn](#), and in the [BIAIA Events](#) tab on our website.



### BIA Picnic

**Monday, July 18, 2022 @ 5pm**

Veteran's Memorial Park, 1645 23rd  
St Bettendorf, IA

We will be serving "walking" tacos!  
Please bring a dessert to share!

**Contact: Dianna (563)344-8688**

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## 988 Goes Live on All Devices July 16, 2022



"In 2020, Congress designated the new **988** dialing code to operate through the existing National Suicide Prevention Lifeline's (1-800-273-8255) network of over 200 locally operated and funded crisis centers across the country.

**988** is more than just an easy-to-remember number—it's a direct connection to compassionate, accessible care and support for anyone experiencing mental health-related distress – whether that is thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress. People can also dial **988** if they are worried about a loved one who may need

crisis support."

[Learn More](#)

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## Advocacy: Provide Input on Iowa's Community- Based Services

Beginning **July 5**, Iowans can share their experiences with community-based services in a feedback. The [form](#) will accept responses through **August 31**.

[Learn More](#)

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## Assistive Technology: Announcing Hamilton Mobile CapTel for iOS



Some of the exciting features include:

- Captions on both incoming and outgoing calls
- Seamless syncing with device contacts
- Built-in Voicemail with captions
- Simultaneous viewing of captions on a larger screen with Browser Caption Viewing
- Call Forwarding and Custom Caller ID
- Customizable captions that allow choice of font style, color and size
- Ability to access call log and review captions
- Direct access to customer care, 24/7/365

*Photo from USA Today*

[Learn More](#)

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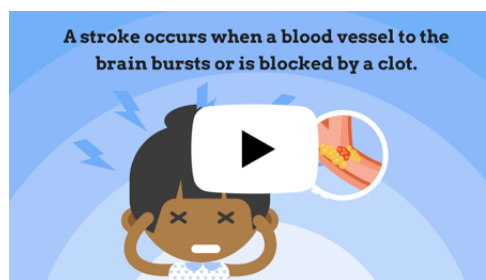
## Caregivers: Family Caregiver Toolbox

**CAN**-Caregiver Action Network offers a Caregiver Toolbox that includes a variety of topics. Some examples:

- Financial and Legal Tools
- New to Caregiving
- Juggling Job and Caregiving

[Learn More](#)

## Stroke Highlight: Understanding How Heat Increases Risk of Stroke



"Heat regulation in humans is all about blood flow. A healthy body sheds heat by pushing blood to the skin. We also sweat, and as sweat evaporates, it carries more heat away." However, the body can become overwhelmed by exposure to excessive heat. This can result in heat stroke. Additionally, increased heat causes increased risk for a clot that can result in ischemic stroke as well.

[Learn More](#)



## Survey on COVID-19 Experiences of Americans with Disabilities

The NSHD is an annual, online survey about health, quality of life, access to

health care services, and the COVID-19 pandemic, concerning people with disabilities or health conditions.

- Adults 18 and over with any type of disability, chronic illness/disease, mental or physical health condition are encouraged to complete the survey.
- The survey should take about 20 minutes to complete.
- Responses are anonymous.
- The NSHD especially needs individuals who identify as men to participate in the survey. This is a multi-year survey conducted since 2018 and previous respondents are encouraged to participate.

Participants may also complete the survey by phone. Participants will have a chance to win one of ten **\$100 gift cards**. The survey closes **Sept. 2nd**.

*Photo from International Disability Alliance*

[Take the Survey](#)

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## Pandemic Presents New Challenges for US Injury Prevention



"Against a backdrop of challenges made worse by the social, emotional and economic toll of the COVID-19 pandemic, injuries and violence continue to be the leading cause of death in the U.S. for people ages 1-44. The category includes drug overdoses, motor vehicle crashes, unintentional falls, homicide and suicide. But injuries and violence affect everyone, no matter their age, race or economic status. Among the general population, **unintentional injury was the fourth leading cause of death overall in 2020**, surpassed only by heart disease, cancer and COVID-19, respectively."

*Photo from Boston Children's Hospital*

[Learn More](#)

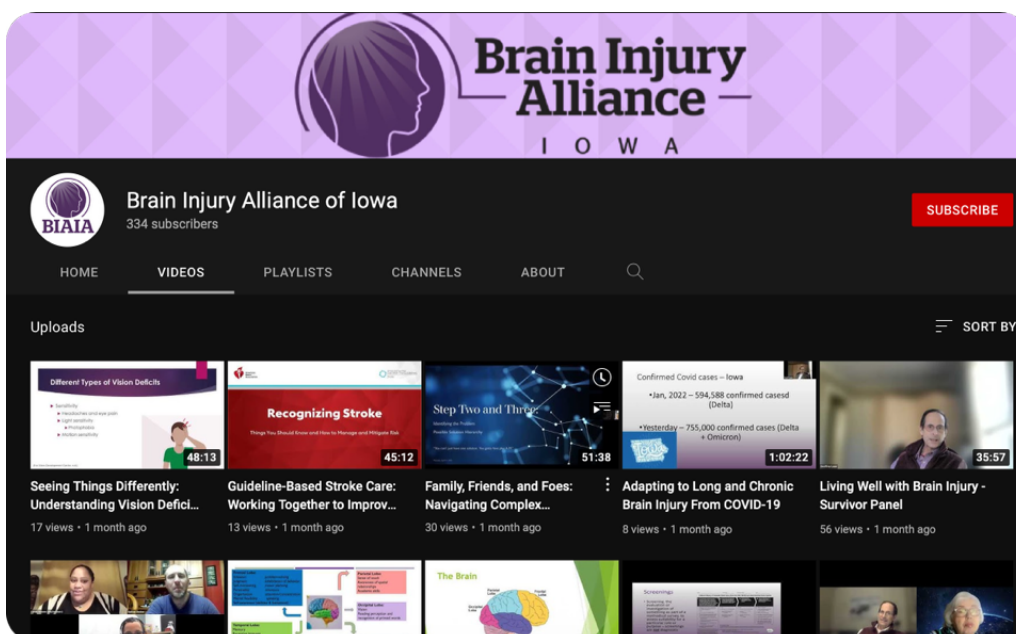
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[Learn More](#)

## Brain Injury Education



Access over **100 educational webinars** on our [Youtube](#) page! Additionally, we offer Brain Injury Fundamentals course, and other opportunities to stay brain injury informed.

[Webinars](#)

## How Are We Doing?



### BIAIA Satisfaction Survey

#### **BIAIA Staff Highlight:** **June Klein-Bacon,** **BSW, CBIST** **Project Manager** **(She/Her)**



June graduated with a bachelor's degree in Social Work from Southwest Minnesota State University before moving back to the Cedar Valley. She brings experience in mental health, Intellectual and Brain Injury Home and Community Based Services, disability services staff development, options counseling and high-risk case management with the Northeast Iowa Area Agency on Aging.

June Klein-Bacon joined the Brain Injury Alliance of Iowa in October 2013 as a Neuro Resource Facilitator in Waterloo. June has provided Neuro Resource Facilitation services to a variety of regions of the state of Iowa. She currently serves as our Project Manager coordinating deliverables for BIAIA's Administration for Community Living contracts with the Iowa Department of Public Health. Work includes projects related to concussion management protocols, case consultation and technical assistance for programs serving

individuals with multi-occurring conditions including brain injury, mental health, substance use disorder, justice involved, refugees, homelessness, families engaged with child welfare and high-risk populations involved with a variety of disciplines. Among others, June participates in a variety of initiatives including the Iowa Consumer Olmstead Taskforce, the Mental Health Disability Services Commission, I-START Advisory Council and the County Social Services Board of Directors.

June enjoys spending time with her family, her role as a foster and adoptive parent, involvement with her church, reading and card making. June finds passion in supporting human and civil rights efforts. June's favorite part of working for the Brain Injury Alliance of Iowa is supporting networking and collaborative efforts that can result in Iowans with brain injury and family members accessing the services they need within their homes and community.

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## Neuro Resource Facilitation



Neuro Resource Facilitation is a fee-free service offered by the Brain Injury Alliance of Iowa to support people with brain injury, their family members, caregivers and community navigate life after brain injury.

- To reach a Neuro Resource Facilitator please contact 855-444-6443 or email [info@biaia.org](mailto:info@biaia.org).
- Consider a donation to the Brain Injury Alliance of Iowa, as we continue to support Iowans to "live well" after brain injury. Click [HERE](#) to make a donation today.
- Iowans affected by brain injury, family and caregivers are invited to our support group communities. Click [HERE](#) to learn more, register to join and share.

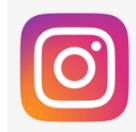
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**Thank you to our corporate members!** Click [HERE](#) to learn more about our corporate members and corporate membership benefits.

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**Our mission at the Brain Injury Alliance of Iowa is to create a better future through brain injury prevention, advocacy, education, research**

and support. Join us on our platforms to obtain the latest and most relevant information pertaining to brain injury.



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