



JOIN US

Iowa Neuro Survivor + Family Support Group

The third Monday of each month from 5 - 7 p.m.
On With Life - Outpatient

We know the journey following a brain injury, stroke or other neurological condition can be challenging for you and your loved ones. Join On With Life as we come together each month for support, sharing, and social gathering! Each session will consist of breakout options for an activity or lesson (game night, exercise, crafting, etc.) and time to connect with others experiencing similar situations to your own. Come as you are and attend whichever option best suits your needs!

2024 Dates

✚ January 22*

✚ February 19

✚ March 18

✚ April 15

✚ May 20

✚ June 17

✚ July 15

✚ August 19

✚ September 16

✚ October 21

✚ November 18

✚ December 16

*Adjusted date due to Martin Luther King Day